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FM AMEMBASSY BRIDGETOWN
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SIPDIS

FOR LAC/RSD/EHR - CHERYL KIM

SIPDIS

AIDAC

1E. O. 12958: N/A

TAGS: ASEC OTRA BB EAID

SUBJECT: COUNTRY CLEARANCE GRANTED FOR HUNT, LAMBERT
AND GRANT TO TRAVEL TO ST. LUCIA

REF: E-MAIL BETWEEN REYNOLDS-COOPER/KIM/CAVE DATED
APRIL 13, 2006

11. Embassy Bridgetown grants country clearance to
Barbara Hunt, Clement Lambert and Jodi Grant to travel
to St. Lucia from April 30 - May 8, 2006.

12. Understand Embassy assistance is not required. If
you have any questions, please contact Rebecca Rohrer
at Tel: (246) 228-8070 or fax (246) 228-8589

13. Entry requirements: A valid U.S passport is required
to enter St. Lucia. No visa is required if your stay
is under six months, including those travelers arriving
with diplomatic or official passports. For further
information, travelers may contact the Embassy of St.
Lucia, 3216 New Mexico Avenue, NW 20016, telephone 202-
364-6792

14. Departure tax for St. Lucia is XCD\$45.00 or
USD\$17.00

15. The following is general information pertaining to
security and health considerations throughout the
Eastern Caribbean:

Security

In the Eastern Caribbean, foot travel outside of well-established tourist areas is not generally recommended, especially at night. Be vigilant when using public telephones or ATM machines near roadsides or quiet areas. As in many U.S. metropolitan areas, wearing expensive jewelry, carrying expensive objects, or carrying large amounts of cash should be avoided. Visitors should also safeguard valuables while at the beach. While hotels are generally safe, many visitors have experienced loss of unattended items. Hotel burglaries are not uncommon and all valuables should be locked in room safes if possible.

Health Information

Throughout the Eastern Caribbean, the most likely threat to a visitor's health is sunburn. It takes several weeks to become accustomed to the heat and humidity. Prolonged exposure to the sun, without protection, causes sunburn and may ultimately result in sun-damaged skin or even skin cancer. Sunscreens should be used for protection. In Barbados, St. Lucia, and St. Vincent the major health threat is dengue fever, transmitted by mosquito. Dengue cases are most often seen in the summer months. Persons should therefore protect themselves with insect repellent.

There is also a growing number of HIV/AIDS cases reported. The Eastern Caribbean enjoys clean and safe drinking water. Only routine boosters for immunizations (i.e. tetanus, diphtheria, and oral polio vaccine) are required when traveling to this region. Barbados has the best medical facilities of all the islands in the region and most of the medical specialties have practitioners here.

KRAMER